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DEVELOPMENT OF NATURAL SEASONING FROM TORCH GINGER (*Etlingera elatior*)

TAN BEE HONG

RESEARCH PROJECT submitted in partial fulfillment of the requirements for the Degree of Bachelor of Food Science (Food Service and Nutrition)

FACULTY OF AGROTECHNOLOGY AND FOOD SCIENCE UNIVERSITY MALAYSIA TERENGGANU MENGABANG TELIPOT 2007

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I hereby declare that this research project is based on my original work except for quotations and summaries that have been duly acknowledged.

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Approved by,

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ABSTRACT

In this study, the development of natural seasoning from Torch Ginger (Etlingera elatior) was accessed. The buds of Torch Ginger (*Etlingera elatior*) was selected in this study. There were three methods had been selected which are air oven drying method, vacuum drying method, and freeze drying method. The aims of this study were to compare the effects of different drying method on physical and chemical properties of dried torch ginger and to compare the difference on dried torch ginger between the three drying methods through the sensory evaluation. From the physical and proximate analysis, there were some little differences between the freeze drying method and the other two methods which are air oven drying and vacuum drying with the Torch Ginger (Etlingera elatior)'s product. For the colour analysis, there were significant difference (p<0.05) between the three drying methods. On the other hands, in the nutrition composition such as fat, carbohydrate, ash, insoluble ash in HCl and fibre, there were no significant difference (p<0.05) between the freeze drying, vacuum drying and air oven drying methods. Besides, there were significant difference (p<0.05) on the moisture content analysis between the freeze drying, vacuum drying and air oven drying methods. In the sensory evaluation, there were no significant difference (p<0.05) on aroma and taste sensory evaluation between the freeze drying, vacuum drying and air oven drying methods. Moreover, there were significant difference (p<0.05) on the colour sensory evaluation between the freeze drying, vacuum drying and air oven drying methods.

PERKEMBANGAN BAHAN PERASA SEMULAJADI DARIPADA TORCH GINGER (*Etlingera elatior*)

ABSTRAK

Dalam kajian ini, perkembangan bahan perasa semulajadi daripada bunga kantan (*Etlingera elatior*) dijalankan. Bahagian kudup daripada bunga kantan (*Etlingera elatior*) dipilih dalam perkembangan produk baru ini. Tiga kaedah telah dipilih untuk perkeringan kudup bunga kantan (Etlingera elatior) iaitu kaedah pengeringan udara panas, kaedah vakum, dan kaedah pengeringan sejuk beku. Tujuan utama kajian ini dijalankan adalah untuk membuat perbandingan dari segi fizikal dan prosimat produk bunga kantan (Etlingera elatior) dan juga membuat perbandingan bagi bunga kantan kering daripada ketiga-tiga kaedah pengeringan melalui penilaian sensori. Dari kajian yang dijalankan, terdapat sedikit perbezaan antara kaedah pengeringan sejuk beku dengan kaedah air oven dan kaedah vakum. Bagi analisis warna, terdapat perbezaan signifikan (p<0.05) antara ketiga-tiga kaedah pengeringan. Manakala bagi komposisi nutrisi, tidak terdapat perbezaan signifikan (p<0.05) antara tiga kaedah untuk analisis lemak, gentian kasar, abu, ketidaklarutan abu dalam HCl dan karbohidrat. Di samping itu, terdapat perbezaan signifikan (p<0.05) antara tiga kaedah pengeringan untuk analisis kelembapan. Dalam penilaian sensori, tidak terdapat perbezaan signifikan (p<0.05) antara tiga kaedah pengeringan untuk sensori bau dan rasa. Manakala, terdapat perbezaan signifikan (p<0.05) antara tiga kaedah pengeringan untuk sensori warna.