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Extending banana shelf life by using two types of packaging materials and stored under two different storage conditions / Zatul lffah Zainol.

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### EXTENDING BANANA SHELF LIFE BY USING TWO TYPES OF PACKAGING MATERIALS AND STORED UNDER TWO DIFFERENT STORAGE CONDITIONS

By Zatul Iffah Binti Zainol

Research Report submitted in partial fulfillment of the requirements for the degree of Bachelor of Agrotechnology Science (Post Harvest Technology)

> Department of Agrotechnology FACULTY OF AGROTECHNOLOGY AND FOOD SCIENCE UNIVERSITY MALAYSIA TERENGGANU 2009



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## PENGAKUAN DAN PENGESAHAN LAPORAN PROJEK ILMIAH I DAN II

Adalah ini diakui dan disahkan bahawa laporan ilmiah bertajuk:

Extending banana shelf life by using two types of packaging materialas and stored under two types of storage conditions oleh Zatul Iffah Binti Zainol No. Matrik UK 13243 telah diperiksa dan semua pembetulan yang disarankan telah dilakukan. Laporan ini dikemukakan kepada Jabatan Agroteknologi sebagai memenuhi sebahagian daripada keperluan memperolehi Ijazah Sarjana Muda Sains Agroteknologi (Teknologi Lepas Tuai ), Fakulti Agroteknologi dan Sains Makanan, Universiti Malaysia Terengganu.

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## DECLARATION

I hereby declare that the work in this thesis is my own except for quotations and summaries which have been duly acknowledge.

Signature: २२४२Name: Zatul Iffah ZainolMatric No: UK 13243Date: 25 April 2009

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### ABSTRACT

This study explores the efficacy of LDPE packaging and PVC stretch film in providing the protection that is essential in extending the shelf life of bananas. The relevance of appropriate storage condition applicable for bananas in the means of slowing down the rate of deterioration was also put into prominent consideration during the study. Fresh commodities such as bananas requires low temperature ranged from 13°C to 15 °C as to slow down the respiration rate and thus enhance the maintenance of the quality of bananas. The ability of bananas to be stored up to 16 days with the use of PVC stretch film and stored under chiller at15 °C was managed to be discovered during the study. Although the application of LDPE packaging capable in effectively minimizing the loss of weight in bananas, the rapid decrease in texture firmness of bananas packed in this type of packaging gave an undesirable attribute which is redundant by most consumers. The quality indicators used for assessment for the study are the weight loss, texture firmness, color changes as well as the total soluble solid. These quality were accessed in every 2 days interval initiating on day 0 until day 16.